



# Kitchen Newsletter



## CATERed

FEEDING AMBITIONS



21/4/16

Dear Parent / Carer,

I would like to take this opportunity to introduce myself to you all: my name is Peter and I am the new Catering Manager at St Joseph's. I am passionate about food and believe that eating a good healthy school dinner is an important factor in helping to keep a child's mind focused on the work set out throughout the school day and I hope to actively encourage as many children as possible within St Joseph's to take up school meals.

I am looking to introduce a few new ideas that I hope will help to move us in the right direction.....

As from next week I will be introducing meal samplers twice a week for all children that are eligible for Universal Free School Meals ( all children in year 2 and below) but currently not taking them. This will enable them to try the new menus and, if they enjoy these, they are then welcome to have a full free school meal on the day.

I realise that some of the children who are eligible for Universal Free School Meals are still bringing in a packed lunch from home. Did you know that we can provide a free packed lunch for your child from the kitchen for foundation, years 1 and 2 ? This could be either a sandwich or wrap, cake or biscuit and a drink! This can also be provided as a paid meal for the older children.

I will be meeting with the School Council over the next few weeks to discuss what the children would like to see on the menu. Once we have come up with some healthy menu ideas that appeal to the children we will put pupil choices onto the menu once a week and see how popular this turns out to be.

Finally we are starting our breakfast club next week serving a selection of hot and cold items ...toast, beans on toast, cereals etc, with the addition of a choice of sausage or bacon rolls to brighten up a Monday morning. There will be various activities for the children to do and we hope to see lots of happy children turning up to support what should be a very enjoyable fun filled morning!!