



## First Aid

We have decided to increase our level of communication with parents regarding minor injuries requiring First Aid. In the past we have only made formal contact with parents if there has been a head injury or a more serious injury which we have felt you would want to know about immediately. A number of parents have expressed surprise, and disappointment, when a minor injury has occurred at school but they have not been informed. To rectify that situation we are going to introduce a new system where parents will receive an 'Accident, Incident & Illness Report Form' each time that First Aid treatment is given. Parents will be asked to acknowledge receipt of the form by signing an acknowledgement slip and returning it to school. The new system should be up and running after half term.

## Safer Internet Day

Next Tuesday is National Safer Internet Day. Due to staffing reasons, we will be celebrating the day on the Wednesday instead. The children will have an assembly in the morning and then will spend the rest of the morning engaged in e-safety related activities. Further information about e-safety and the Safer Internet Day can be found through the links below.

<https://www.saferinternet.org.uk/safer-internet-day/2018>

<https://www.o2.co.uk/help/nspcc>

<https://www.thinkuknow.co.uk/>

## Skippping Workshops

The Skippping workshops were a great success this week. It was great to see the progress children made in just a half an hour session with the National Skipping Coach, Lizzie Cox. There are some videos from the afternoon show available on our Facebook page. Many children have been enjoying playing with their ropes in school this week. If you would like to purchase a rope from Lizzie but did not get the chance to do so on

Wednesday the website address is [www.skippping-workshops.co.uk](http://www.skippping-workshops.co.uk). At least one rope has been mislaid already so please ensure your child's rope is clearly named. If your child has come home with a 'surprise free rope' it will belong to somebody else, so please return it.

## John O'Groats to Land's End Cycle Challenge

The dad of Bella, in Foundation Class, is preparing for a Cycle Challenge, riding from John O'Groats to Land's End. He will be raising money for Jeremiah's Journey which is a great cause. Children from St Joseph's have received invaluable support from them in the past. The actual ride will take place in August but we want to do what we can to support him in this venture before then. The link to his Justgiving page can be found below. We are also hoping to get a cycle machine in to school to get the children cycling 'relay' style throughout a day (or more) to see how far we could get.

<https://www.justgiving.com/fundraising/j-heaphy>

## World Book Day

We are giving you plenty of notice to get ready for World Book Day which is on the 1<sup>st</sup> March this year. This will be a 'dress up as a book character day' for the whole school. Please talk with your child about book characters they know that they would like to dress up as. Footballers and princesses can be easy options for costumes, as can a visit to a fancy dress shop. However we do not want children to just take an easy option and we certainly don't want anybody to have to go to great expense for the day. We would prefer to see the children simply enjoy dressing up as characters they have found interesting in books they have shared or read.

## Half Term Holiday

Please remember that next week is a short week for the children as we break up on Thursday 8<sup>th</sup> February for the half term holiday. The children return to school on Monday 19<sup>th</sup> February. During that week the Church's season of Lent begins. Ash Wednesday actually coincides with St Valentine's Day on the 14<sup>th</sup>. There is a funeral at St Joseph's Church on that day but there will be Mass at the Cathedral at 9.00am and at 7.00pm. Unfortunately as Shrove Tuesday (Pancake Day) falls within the half-term holiday we will not be having our Pancake Day race this year. (The seagulls will be disappointed !)