

Newsletter Flymouth CAST

8/11/17

Poppies

Remembrance Sunday is coming up this weekend. If you haven't managed to get up to the War Memorial on the Hoe to see the spectacular poppy display there, maybe this weekend would be a good one to do so. For the next couple of days we will be leaving a ceramic poppy in one of the flower beds by the shelters outside Classes 1 & 2. What we would like you to do is to have a search around the drawers at home and the backs of sofas to see if you have any 'round pound' coins left over. If you have there couldn't be a better use to put them to than to donate them to the British Legion's Poppy Appeal. Any money left in the ceramic poppy will go to that appeal (we will of course accept coins of any shape and value if you want to donate in that way).

Children in Need

Next Friday (17th November) will be Children in Need Day. School councillors have decided that we should allow children to wear their own clothes to school on that day. The theme for the day is 'Spotacular' so if children can wear spotty clothes or even spotty face paints that would be great but not compulsory. We will ask for a voluntary contribution to give to Children in Need, you can decide how much you would like to give. Please don't feel pressured to go out and buy something spotty, your money would be better spent on the charity than in Primark or Tesco.

Anti Bullying Week

Next week is also National Anti-Bullying Week. Mrs Watts is organising different activities throughout the week to help children understand the suffering that bullying can cause, and what to do if you feel it is happening to you or to somebody else. To launch the week we are all being encouraged to wear odd socks to school on Monday. During the week we will ask children to analyse our definition of bullying. They will check it is understood and to see if it is still relevant to our school today or if it needs updating in anyway. The definition we use now was created by children who have now left St Joseph's and we want to ensure the definition we use belongs to the children of today. The present definition can be seen here.

<u>Our pupils' definition of bullying is</u>: Bullying is when somebody is hurt repeatedly over a period of time. The type of hurting can include:

Physical e.g. hitting, taking or hiding things

Verbal e.g. teasing, name-calling, threats

Emotional e.g. writing unkind things, spreading rumours, playing nasty tricks, nasty looks, making somebody feel left out.

Cyberbullying eg sending chain mail, nasty messages by text, email or other, sending messages pretending to be someone else, publishing photos or videos which could cause upset to the victim.

Bullying is deliberate, repetitive and inappropriate

E-Safety

Still on the subject of keeping children safe, below you will find a link that I thought might help you when having conversations with your children concerning online safety. "Icebreakers" is an initiative from the mobile phone company O2, as part of its partnership with the NSPCC to help all children and families in the UK stay safe together online. They have created a series of weekly emails for parents and carers to help them start a conversation with their children about online safety. It is free to sign

up: https://nspcc.o2.co.uk/

Christmas Dates

| 4 th Choir at Devonport Live 14.15 | 7 th International Market 16.00 | 8 th Santa to visit 12.30-15.30 |
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| 11 th (provisional) Choir at St | 12 th Key Stage 1 Nativity 9.00 | 13 th Foundation Nativity 9.00 |
| Peter's Church Stonehouse 19.30 | 12 th Foundation Nativity 18.00 | 13 th Key Stage 1 Nativity 18.00 |
| 14 th Christmas Lunch Day | 14 th Key Stage 2 Carol Service | 19 th Last day of term |
| , | 18.00 | · |